



Choice Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of your plan's preventive medications. The medications are categorized based on the medical conditions that they are prescribed for. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication. Please check with your plan administrator if you have questions. This list is periodically reviewed and updated to ensure that the drugs listed meet the criteria for inclusion.

Medications on this list that are not covered under your plan are not eligible for the preventive medication program.

This list includes medications sometimes used for prevention and sometimes for treatment and includes diabetes medications used for treatment.

Preventive Medications List

ANEMIA IN CHILDREN

FERROUS SULFATE LIQUID DROPS FOR INFANTS (SUCH AS FER-IN-SOL)

ASTHMA

SINGULAIR

MONTELUKAST

ACCOLATE

ZAFIRLUKAST

ZYFLO CR

ZILEUTON

BONE DISEASE AND FRACTURES

FOSAMAX, FOSAMAX PLUS D

ALENDRONATE

FORTICAL, MIACALCIN

CALCITONIN

XGEVA

DENOSUMAB

BONIVA

IBANDRONATE

EVISTA

RALOXIFENE

ACTONEL

RISEDRONATE

RECLAST

ZOLEDRONIC ACID

BOWEL PREPARATION

COLYTE, GOLYTELY, HALFLYTELY, SUCLEAR, BISACODYL, NULYTELY, TRILYTE, MOVIPREP, GLYCOLAX

POLYETHYLENE GLYCOL

VISICOL, OSMOPREP, SUPREP

SODIUM PHOSPHATE SALTS

PREPOPIK

MAGNESIUM CITRATE

MAGNESIUM HYDROXIDE

BREAST CANCER RECURRENCE

TAMOXIFEN

ARIMIDEX

ANASTROZOLE

AROMASIN

EXEMESTANE

FEMARA

LETROZOLE

CANCER TREATMENT, SIDE EFFECTS FROM

ARANESP

DARBEPOETIN ALFA

EPOGEN, PROCRIT

EPOETIN ALFA

NEUPOGEN

FILGRASTIM

DEPO-PROVERA

MEDROXYPROGESTERONE

MESNEX

MESNA

NEULASTA

PEGFILGRASTIM

LEUKINE

SARGRAMOSTIM

CAVITIES

PREVIDENT

SODIUM FLUORIDE

DIABETES, COMPLICATIONS OF

INSULINS:

NOVOLOG, NOVOLOG 70/30

ASPART, ASPART PROTAMINE MIX

LEVEMIR

DETEMIR

Preventive Medications List

LANTUS, LANTUS SOLOSTAR

GLARGINE

APIDRA, APIDRA SOLOSTAR

GLULISINE

HUMULIN, NOVOLIN

INSULIN

HUMALOG, 50/50, 75/25

LISPRO, LISPRO PROTAMINE MIX

NON-INSULIN MEDICINES:

BYETTA

EXENATIDE

AMARYL

GLIMEPIRIDE

GLUCOTROL, METAGLIP

GLIPIZIDE AND COMBINATIONS

DIABETA, GLYNASE, GLUCOVANCE

GLYBURIDE AND COMBINATIONS

TRADJENTA

LINAGLIPTIN

VICTOZA

LIRAGLUTIDE

FORTAMET, GLUCOPHAGE,

GLUMETZA, RIOMET

METFORMIN

STARLIX

NATEGLINIDE

ACTOS, DUETACT, ACTOPLUS MET

PIOGLITAZONE AND COMBINATIONS

SYMLIN

PRAMLINTIDE

PRANDIN

REPAGLINIDE

AVANDIA, AVANDAMET,

AVANDARYL

ROSIGLITAZONE AND COMBINATIONS

ONGLYZA, KOMBIGLYZE XR

SAXAGLIPTIN AND COMBINATIONS

JANUVIA, JANUMET

SITAGLIPTIN AND COMBINATIONS

ESTROGEN REPLACEMENT AND OTHER HORMONES

PREMARIN

CONJUGATED ESTROGEN TABLETS

PREMPRO, PREMPHASE

CONJUGATED ESTROGEN/
MEDROXYPROGESTERONE

ESTRACE

ESTRADIOL TABLETS

CLIMARA

ESTRADIOL TRANSDERMAL

ESTRADERM

ESTRADIOL TRANSDERMAL

VIVELLE DOT

ESTRADIOL TRANSDERMAL

DIVIGEL

ESTRADIOL, GEL

EVAMIST

ESTRADIOL, TRANSDERMAL SPRAY

COMBIPATCH

ESTRADIOL/NORETHINDRONE,
TRANSDERMAL

MAKENA

HYDROXYPROGESTERONE CAPROATE

PROVERA

MEDROXYPROGESTERONE

CRINONE, PROMETRIUM

PROGESTERONE

CENESTIN

SYNTHETIC CONJUGATED ESTROGENS, A

ENJUVIA

SYNTHETIC CONJUGATED ESTROGENS, B

GOUT

ZYLOPRIM

ALLOPURINOL

Preventive Medications List

COLCRYS
COLCHICINE

GUM DISEASE

ARESTIN
MINOCYCLINE

HEART DISEASE AND STROKE

BLOOD THINNER MEDICINES:

ASPIRIN, 81 MG OR 325 MG

HEPARIN

ELIQUIS

APIXABAN

PRADAXA

DABIGATRAN

AGGRENOX

ASA/DIPYRIDAMOLE

PLAVIX

CLOPIDOGREL

FRAGMIN

DALTEPARIN

LOVENOX

ENOXAPARIN

ARIXTRA

FONDAPARINUX

EFFIENT

PRASUGREL

XARELTO

RIVAROXABAN

BRILINTA

TICAGRELOR

COUMADIN, JANTOVEN

WARFARIN

CHOLESTEROL LOWERING MEDICINES

HMG-COA REDUCTASE

INHIBITORS:

LIPITOR

ATORVASTATIN

MEVACOR, ALTOPREV

LOVASTATIN

PRAVACHOL

PRAVASTATIN

CRESTOR

ROSUVASTATIN

ZOCOR

SIMVASTATIN

OTHER AGENTS:

PREVALITE, QUESTRAN

CHOLESTYRAMINE

WELCHOL

COLESEVELAM

COLESTID

COLESTIPOL

ZETIA

EZETIMIBE

VYTORIN

EZETIMIBE/SIMVASTATIN

FENOGLIDE, LIPOFEN, TRICOR,

ANTARA, TRIGLIDE

FENOFIBRATE

TRILIPIX

FENOFIBRIC ACID

LOPID

GEMFIBROZIL

NIACOR, NIASPAN ER

NIACIN

ADVICOR

NIACIN/LOVASTATIN

SIMCOR

NIACIN ER/SIMVASTATIN

Preventive Medications List

LOVAZA

OMEGA-3-ACID ETHYL ESTERS

HIGH BLOOD PRESSURE MEDICINES

ACE INHIBITORS AND COMBINATIONS:

LOTENSIN, LOTENSIN HCT

BENAZEPRIL

VASOTEC, VASERETIC

ENALAPRIL

MONOPRIL, MONOPRIL HCT

FOSINOPRIL

PRINIVIL, PRINZIDE, ZESTRIL, ZESTORETIC

LISINOPRIL

ACCUPRIL, ACCURETIC

QUINAPRIL

ACE RECEPTOR BLOCKERS AND COMBINATIONS:

EDARBI

AZILSARTAN

ATACAND, ATACAND HCT

CANDESARTAN

TEVETEN, TEVETEN HCT

EPROSARTAN

AVAPRO, AVALIDE

IRBESARTAN

COZAAR, HYZAAR

LOSARTAN

BENICAR, BENICAR HCT

OLMESARTAN

MICARDIS, MICARDIS HCT

TELMISARTAN

DIOVAN, DIOVAN HCT

VALSARTAN

BETA BLOCKERS AND COMBINATIONS:

TENORMIN, TENORETIC

ATENOLOL

ZEBETA, ZIAC

BISOPROLOL

LOPRESSOR, TOPROL XL

METOPROLOL

BYSTOLIC

NEBIVOLOL

INDERAL LA, INNOPRAN XL

PROPRANOLOL

CALCIUM CHANNEL BLOCKERS:

NORVASC

AMLODIPINE

CARDIZEM, CARDIZEM LA,

CARTIA XT, TIAZAC ER

DILTIAZEM

ADALAT CC, PROCARDIA

NIFEDIPINE

SULAR

NISOLDIPINE

CALAN, COVERA HS, ISOPTIN SR,

VERELAN

VERAPAMIL

DIURETICS AND COMBINATIONS:

HYDROCHLOROTHIAZIDE

INDAPAMIDE

MIDAMOR

AMILORIDE

ZAROXOLYN

METOLAZONE

ALDACTONE

SPIRONOLACTONE

DYAZIDE, MAXZIDE

TRIAMTERENE-HCTZ

Preventive Medications List

HIGH BLOOD PRESSURE MEDICINES MISCELLANEOUS:

HYDRALAZINE
*TEKURNA, TEKURNA HCT,
TEKAMLO, AMTURNIDE,
VALTURNA*
ALISKIREN AND COMBINATIONS
LOTREL
AMLODIPINE/BENAZEPRIL
AZOR
AMLODIPINE/OLMESARTAN
TRIBENZOR
AMLODIPINE/OLMESARTAN/
HYDROCHLOROTHIAZIDE
TWYNSTA
AMLODIPINE/TELMISARTAN
EXFORGE
AMLODIPINE/VALSARTAN
EXFORGE HCT
AMLODIPINE/VALSARTAN/
HYDROCHLOROTHIAZIDE
COREG, COREG CR
CARVEDILOL
CATAPRES, CLORPRES
CLONIDINE
CARDURA
DOXAZOSIN
HYTRIN
TERAZOSIN

INFECTION

FUNGAL

MEPRON
ATOVAQUONE
NEBUPENT, PENTAM
PENTAMIDINE
NOXAFIL
POSACONAZOLE

MALARIA

PRIMAQUINE
COARTEM
ARTEMETHER/LUMEFANTRINE
MALARONE
ATOVAQUONE/PROGUANIL
PLAQUENIL
HYDROXYCHLOROQUINE
DARAPRIM
PYRIMETHAMINE

VIRUS

AMANTADINE
ZOVIRAX
ACYCLOVIR
FAMVIR
FAMCICLOVIR
FOSCAVIR
FOSCARNET
CYTOVENE
GANCICLOVIR
TAMIFLU
OSELTAMIVIR
VALTRES
VALACYCLOVIR
VALCYTE
VALGANCICLOVIR
RELENZA
ZANAMIVIR

KIDNEY DISEASE, HIGH PHOSPHATE LEVELS

PHOSLO, PHOSLYRA
CALCIUM ACETATE
FOSRENOL
LANTHANUM
REVELA, RENAGEL
SEVELAMER

Preventive Medications List

NAUSEA AND DIZZINESS

PROCHLORPERAZINE

PROMETHAZINE

EMEND

APREPITANT

ANZEMET

DOLASETRON

MARINOL

DRONABINOL

SANCUSO

GRANISETRON

ANTIVERT

MECLIZINE

ZOFRAN, ZOFRAN ODT

ONDANSETRON

TRANSDERM-SCOP, SCOPACE

SCOPOLAMINE

PREGNANCY

BIRTH CONTROL MEDICINES

TAKEN BY MOUTH

NUVARING

SKIN PATCH SYSTEMS

DEPO PROVERA

SMOKING-CESSATION THERAPY

ZYBAN

BUPROPION

NICOTROL

NICOTINE PRODUCTS

CHANTIX

VARENICLINE

ULCER DISEASE

H2-ANTAGONISTS:

CIMETIDINE 300 MG, 400 MG, 800 MG

PEPCID

FAMOTIDINE 40 MG

AXID

NIZATADINE

ZANTAC

RANITIDINE 300 MG

MISCELLANEOUS AGENTS:

PYLERA

BISMUTH/METRONIDAZOLE/

TETRACYCLINE

CARAFATE

SUCRALFATE

PROTON PUMP INHIBITORS:

NEXIUM

ESOMEPRAZOLE

PREVACID

LANSOPRAZOLE 30 MG

PROTONIX

PANTOPRAZOLE

ACIPHEX

RABEPRAZOLE

VITAMINS OR MINERALS, LOW LEVELS OF

FOLIC ACID, 0.4 TO 0.8 MG FOR FEMALES
THROUGH AGE 50

IRON FOR INFANTS THROUGH 12
MONTHS OLD

PRESCRIPTION PRENATAL VITAMINS

VITAMIN D FOR PEOPLE OVER AGE 65
IN COMMUNITY DWELLINGS

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Please note: Brand names are shown in italics in each category.

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